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| **HAZARD** | | **RISK** | | **RISK LEVEL** | | **RISK GROUPS** | | **CONTROL MEASURES** | |
| Walking/ Running on uneven ground/ Slips/ Trips/ Falls  Collision with Horses/ Bikes/ Livestock  Collision with Traffic  Dehydration/ Fatigue/ Heat Exhaustion/ Sunstroke  Way finding | | Cuts/ Bruises/ Strains/ Sprains  Cuts/ Bruises/ Broken Bones  Injury/ Death  Fainting/ Collapse    Lost persons | | Low  Med  Med  High  Low | | Competitors  Marshalls  Competitors  Competitors  Marshalls  Competitors  Marshalls  Competitors  Marshalls | | Health and Safety briefing provided to all persons involved with update on ground and weather conditions, rough ground conditions on paths and tracks highlighted in briefing.  Kit advice provided for clothing/rugged boots or running shoes to be worn Full route to be checked on 10/8/22 by Trekhire representatives  All competitors provided with contact phone numbers in case of emergency, pickup facility for injured/ excessively fatigued competitors. Variability of phone signal to be highlighted  Risk assessment available online  Hazards highlighted to competitors in H & S briefing, all first aid and emergency service support to be coordinated from central control point by Trekhire Event Director, marshalls and participants to contact Event Director about any injury or ill health issues, First Aid Kit at Control Point  Main road crossings at Wotton, Chilworth and Newlands Corner for the 42k to be marshalled, warning signage to be provided for all road sections, competitors to obey marshals instructions at all times, marshalls to be provided with high visibility vests and H & S briefing  Minor road crossings provided with warning signage for vehicles & participants  Competitors provided with advice on hydration/ refreshments/ suitable clothing  Water points for 42k at Wotton Hatch, Leith Hill, Duke of Kent School, Winterfold, Chilworth, Newlands Corner, White Down Lane crossing, Coomb Farm for Half Marathon), Honeysuckle Bottom Lane for 10k.  Marshalls to be provided with adequate fluids/ refreshments.  Emergency Medical support will be available at the event base location.  Routes indicated clearly with marker tape & signs  All participants are chip timed and progress/ absence is monitored by Chip Timing Solutions on site. Completion of events by participants confirmed by Trekhire at the end of each event. Static participants can be identified and located  All participants must inform a Trekhire representative at the earliest opportunity should they withdraw from the event and before leaving the venue  For a small fee, all competitors can be provided with a 1:16,000 map with the route marked. (optional).  All competitors provided with contact phone numbers for access to directions and advice, variability of phone signal to be highlighted.  Marshalled checkpoints at strategic points  Trekhire representative to follow behind last group/ competitor on each event | |