|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **HAZARD** |  **RISK** | **RISK LEVEL** |  **RISK GROUPS**  | **CONTROL MEASURES** |
| Walking/ Running on uneven ground/ Slips/ Trips/ FallsCollision with Horses/ Bikes/ LivestockCollision with TrafficDehydration/ Fatigue/ Heat Exhaustion/ SunstrokeWay finding | Cuts/ Bruises/ Strains/ SprainsCuts/ Bruises/ Broken BonesInjury/ DeathFainting/ Collapse Lost persons | LowMedMedHighLow | CompetitorsMarshallsCompetitorsCompetitorsMarshallsCompetitorsMarshallsCompetitorsMarshalls | Health and Safety briefing provided to all persons involved with update on ground and weather conditions, rough ground conditions on paths and tracks highlighted in briefing.Kit advice provided for clothing/rugged boots or running shoes to be worn Full route to be checked on 10/8/22 by Trekhire representativesAll competitors provided with contact phone numbers in case of emergency, pickup facility for injured/ excessively fatigued competitors. Variability of phone signal to be highlightedRisk assessment available onlineHazards highlighted to competitors in H & S briefing, all first aid and emergency service support to be coordinated from central control point by Trekhire Event Director, marshalls and participants to contact Event Director about any injury or ill health issues, First Aid Kit at Control Point Main road crossings at Wotton, Chilworth and Newlands Corner for the 42k to be marshalled, warning signage to be provided for all road sections, competitors to obey marshals instructions at all times, marshalls to be provided with high visibility vests and H & S briefingMinor road crossings provided with warning signage for vehicles & participantsCompetitors provided with advice on hydration/ refreshments/ suitable clothingWater points for 42k at Wotton Hatch, Leith Hill, Duke of Kent School, Winterfold, Chilworth, Newlands Corner, White Down Lane crossing, Coomb Farm for Half Marathon), Honeysuckle Bottom Lane for 10k.Marshalls to be provided with adequate fluids/ refreshments.Emergency Medical support will be available at the event base location.Routes indicated clearly with marker tape & signsAll participants are chip timed and progress/ absence is monitored by Chip Timing Solutions on site. Completion of events by participants confirmed by Trekhire at the end of each event. Static participants can be identified and locatedAll participants must inform a Trekhire representative at the earliest opportunity should they withdraw from the event and before leaving the venueFor a small fee, all competitors can be provided with a 1:16,000 map with the route marked. (optional).All competitors provided with contact phone numbers for access to directions and advice, variability of phone signal to be highlighted.Marshalled checkpoints at strategic points Trekhire representative to follow behind last group/ competitor on each event |