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| **HAZARD** |  **RISK** | **RISK LEVEL** |  **RISK GROUPS**  | **CONTROL MEASURES** |
| Running on uneven ground/ Slips/ Trips/ FallsCollision with Horses/ BikesDehydration/ Fatigue/ Way finding | Cuts/ Bruises/ Strains/ SprainsCuts/ Bruises/ Broken BonesFainting/ Collapse Lost persons | MediumLowLowLow | CompetitorsCompetitorsCompetitorsMarshallsCompetitors | Health and Safety briefing provided to all persons involved with update on ground and weather conditions, rough ground conditions on paths and tracks highlighted in briefing.Kit advice, appropriate clothing and trail running shoes to be worn, head torch with spare new batteries advised. Full route checked on 16/2/22 by Surrey Trek and Run representatives, amended as a result.All competitors provided with contact phone numbers in case of emergency, support arrangements en route for injured/ excessively fatigued competitors. Variability of phone signal to be highlighted, competitors will be asked to inform a marshal if they see any distressed runners.Risk assessment available onlineHazard to be highlighted to competitors in H & S briefing, all first aid and emergency service support to be coordinated from central control point by Surrey Trek and Run Event Director, marshals and participants to contact Event Director about any injury or ill health issues, First Aid Kits at Control Point and top of Holmbury Hill viewpoint.Competitors provided with advice on hydration/ refreshments/ suitable clothingWater point at Holmbury Village HallEmergency First Aid will be available at the event base location and Holmbury Hill viewpointRoute indicated clearly on provided .gpx file and with marker tape & signs where appropriate.All participants must inform a Surrey Trek and Run representative at the earliest opportunity should they withdraw from the event and before leaving the venueAll groups/ competitors provided with prior online access to .gpx file with the route marked. All competitors provided with contact phone numbers for access to directions and advice, variability of phone signal to be highlighted.Marshalled checkpoints at strategic points Route amended 16/2/2022 following survey due to ground conditions, .gpx file updated 16/2/2022 |